**08. HONOR YOUR FATHER AND YOUR MOTHER**

* In the name of the FATHER, THE SON AND THE HOLY SPIRIT
* Prayer: blessed are you o Lord…(already printed out)
* Honour the father and your mother

• Freedom from Slavery=Egypt…Moses on the mountain: 10 words of life. You LISTEN ONLY IF THERE IS AN AUTHENTIC RELATION.

* TWO TABLES OF STONE: 1. THE WORDS IN RELATION WITH GOD. (7 MEETINGS)
* a question: WHERE can you meet God? In your story! Rest is it. Don’t escape. If you do it anxiety grows more. Bless your life with everything what is it on it. This is to Sunday as the day of the Sun. The day of light!
* How do you enter the blessing/rest (without entering in the eternal rest)? Now? Here?
* SECOND TABLE OF STONE: Let us read what GOD TELLS US
* Exodus 20,12; Deuteronomy 5, 16: a long and happy life. Positive expression. Consequence/reward: happiness. **Joy to live. Long life: balanced, laid (laid) well (floor), tension-free. Balance-happiness!**

• A wisdom: **knowing how to live**. **Honour him?** **In what sense?** Absolute **and blind listening**. Tribal tradition. “Do not take elderly relatives to nursing homes” or “Nothing without parents' blessing”. importance, value or price. Appreciate the fair, true value. **The opposite: to despise/look down on them/scorn**

• If you despise (despise) your father and mother, you will be unbalanced and unhappy. A curse? Depreciation = not giving due value, correct.

• The **relationship with your origin marks/influences your life entirely**. It looks even from the outside! In positive and negative aspects.

• Musical example: correct a song learned wrong is very difficult/learn chords an instrument/a subject. it's **hard to correct the mistakes in the foundation, in childhood.**

• Family without communication, cold environment, dictator/weak father, submissive mother, absent parents, violence, indifference, rural environment, tribe, country, paedophilia.

• Where you come from?! You feel oppressed; you are castrated in your person, in your character, in your reactions.

• **If you were injured in your childhood, this thing goes with you, everywhere**. New Zealand. It **affects your marriage**: not only two people marry, but two stories, two childhoods.

• you can say: I have no problems! My family is perfect**! I have no trauma.** The skin has **a self-defense system**: the soft part, with shock and trauma develops the callus/ skull. A dead, numb part of your soul. Constant, continuous and **persistent errors**.

• You have to do an unsympathetic job: **You are forced to look at things you don't like.**

• **All idols come from childhood, from missing things**, from wounds in love, compensation; they are a wrong response to insecurity, to lack of love.

• This commandment: a death penalty. **The way you are is the result of your history.** Psychoanalysis confirms this. We know! Parents, the environment is to blame.

• The commandment says exactly the opposite: **Honour your father and you will be happy! It is not said: Let your father honour you and you will be happy and balanced!**

**• Whoever your father may have been, whatever your story may have been, give them their due value and importance and you will be happy.**

• Here it is not said that parents are never wrong, but that **all sons can be happy! This commandment is a declaration of freedom!**

• **You will be happy if you give the right value, importance to your childhood! There is a possibility of happiness for everyone. Your heart knows! I confirm it in the name/name of Christ!**

• Christ honoured HIS father giving to the Father the first and the only place in His story. Listening constantly to him.

* Jesus didn’t run away from the suffering. Also you don’t run away. Go to Jesus and with Jesus enter in the Father. We are all very fragile and wounded. Go gently!

• Understand what is the right importance of your parents, your environment, your history and start healing